



READINGS
for
COMPLINE in LENT

Meditate on one of the following, perhaps a different one each day of the week. Sit with it in silence first, then if it helps, use one or more of the possible aids to meditation.

Make me to know your ways, O Lord,, and teach me your path. Lead me in your truth and teach me, for you are the God of my salvation.

Psalm 25. 3-4

[Jesus said]: If any want to become my followers, let them deny themselves and take up their cross and follow me.

Mark 8.34

He will feed his flock like a shepherd; he will gather the lambs in his arms, and carry them in his bosom, and gently lead the mother sheep.

Isaiah 40.11

You were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but serve one another in love.

Galatians 5.14

You O Lord, are in the midst of us and we are called by your name; leave us not, O Lord our God.

Jeremiah 14.9

Be sober, be vigilant, because your adversary the devil is prowling round like a roaring lion, seeking for someone to devour. Resist him, strong in faith.

1 Peter 5. 8,9

For by grace you have been saved through faith, and this is not your own doing; it is the gift of God.

Ephesians 2.8

