

Dear Friends

Had enough? Fed up? Under too much pressure? No time to yourself? Busy, busy, busy?

Whatever the pressure is — work, children, aging parents, financial worries, etc, it feels as though you are not in control; that you're running back and forth like a headless chicken.





Why are we so reluctant to take a break? Whatever the reason, any time is the time to do something about it. Some of us come up with creative ideas ourselves. A friend of mine for example, if he's sitting at his computer for ages, takes a mini-break of 5 minutes every hour. Another friend sits down and lights a candle after the children are in bed and it's her husband's turn to clear the dishes. Five or ten minutes is enough, she says. Some of us are fortunate enough to take ourselves away for a day or even several - on an organised Retreat.

This Lent I am leading a 'Retreat in Everyday Life', encouraging people to take some time out, specifically in this instance to be consciously with God. There will be guided Bible reading and reflections. You can, if you wish, take part in two ways: 1) in person or 2) by email.

- 1) Come along to the Retreat meetings at 8pm every Wednesday in Lent beginning with the Ash Wednesday Communion Service (1st March) and finishing with the Maundy Thursday Supper and Communion. Receive in advance the weekly readings and guidance for meditation.
- 2) Receive weekly readings as above plus guidance for meditation or mindfulness and a paragraph or two about the content of the relevant evening.

If you would like to take part, please register your interest by phone or by email to my personal address (over) and say which you'd like to do, and I'll get back to you.

With my very best wishes

Barbara

All change!

Over the past 15 years it has been my privilege and pleasure to serve All Saints' congregation and the community in my role as Church Administrator and, latterly, as editor of The Runner. I have got to know, and often befriend, a huge number of people in Grayswood and the surrounding area, through church, group, establishment and local business links - sometimes in the most unlikely of places - and it has been a wonderful and enriching experience being part of such an amazingly close and special community.

Particularly over the past few years though, as I've got older, my life has become more busy and as the role has grown almost beyond recognition.

As a result, I finished work at Christmas, and Sarah Bennett has now been the new Church Administrator since the beginning of January, and is looking forward to meeting you. Please do go in and say hello.

I will very much miss the regular contact with many familiar and beloved faces, but hope to continue to be involved in some ways with the church and community, including the monthly Coffee and Chat Mornings which are starting on 8th February.

It just remains for me to say how grateful I am for the opportunity that was given to me 15 years ago to start working in such an amazing place and role, and to sincerely thank all those in the church and local community who have always made me so welcome, have overlooked errors, and who have helped, encouraged and supported me during my working life in Grayswood. You are amazing!

With best wishes as you face whatever the next year holds for you, and with loads of love Janet (Fry) xxx

NEW!

DAYTIME HOME GROUP



Church House
2.30-4pm
ALL WELCOME
First and third
Thursdays

Toddler Group

Wednesday mornings, during term-time , from 9.15-10.45 am at Oonagh Jeffrey Room, Grayswood Village Hall

For more info please ring Jane White, 01428 643891

A warm welcome awaits you, and we are looking forward to meeting you! £2.50 per family unit

ERKARETK

GRAYSWOOD COFFEE AND CHAT

in the Village Club
10.30 - 12 noon
on the 2nd Wednesday of
the month
starting 8th Feb then
8th March

All ages are invited to drop in for tea/coffee and cake and a chance to meet others in the village

For more information, contact Di on 654303 or 07769971720 or drdcook01@gmail.com



CHURCH SERVICES IN FEBRUARY

Every Sunday: 8am Holy Communion (BCP) Every Sunday: the main service is at 10am

5th **Parish Communion** Morning Worship 12th 19th **Parish Communion** 26th All Age Morning Worship

Ash Wednesday

1st March School Ash Wednesday Service at 9.30 am

Ash Wednesday 8pm 1st March

United Benefice Service

at All Saints



VILLAGE PRAYER

In February we remember those who live in The Mount,

Upper Mount

and Williamson Close.



Do you need space to escape the busyness of life? Whether you want to pray, give thanks or find hope in times of despair, our beautiful Grade II listed church is open for you every day from around 9am until dusk in winter, and until 6pm in summer.

Would you like us to pray for you? God hears you, but it is good to know you have other people who care, joining with you! Phone us, email us, add your name to the book at the back of church, pop a note into Church House, or ask someone to pass a message on. A first name is all we need and confidences are ALWAYS respected.

Would you like a home visit or to speak with a priest? Grayswood has two priests who serve our parish.

Revd Barbara Steele-Perkins officially works part-time for the Parish. Barbara's day off is Tuesday.

Tel: 656504 Email: barbarasteeleperkins@tiscali.co.uk

Revd Fi Gwynn works part-time, mainly on Tuesdays and Thursdays. Fi's day off is Friday. Tel 656504 Email: revfigwynn@gmail.com

Baptism? Wedding? Funeral? Please contact the church office on 01428 656504 in the first instance.

Do you have a general enquiry? Our church office in Church House, Church Close, GU27 2DB is open Mon, Thurs and Fri mornings from 9am -12 noon for general enquiries and is staffed by our administrator Sarah Bennett. At other times you can still leave a message or send an email. Messages will be answered every day except Tuesdays.

> Tel: 656504 Email: allsaintsgrayswood@gmail.com For more information, please visit: www.grayswoodparish.org

MISSING TREES

During the roof repair to the church, we were warned that the stonework on the Northeast side of the building was suffering from lack of air and the lingering dampness would shorten its life considerably. The roots also were having a negative effect on the building. After further professional advice we were given permission by the Diocese to remove the trees.

Although sad to loose beautiful trees the church



now has the space to breathe and the fabric is better protected. The stumps will be ground out and when the ground has settled, we will plant a medium shrub there to give a focus to the Garden of Remembrance and a suitable site for our memorial bench.

Judy Culhane, PCC Secretary

GRAYSWOOD WI



Sadly the Grayswood WI has had to close. Whilst membership numbers have been good we can't secure enough committee members so unless there is a renewed desire to get things going within a three year

"dormancy" period we will be no longer.

We do have a group of ladies planning to continue to meet on the 2nd Wednesday of each month in the Grayswood Club. All welcome and the club is of course easy to join £5/annually. Next meet Wednesday 8th February.

Io Shaw

EVENTS IN FEBRUARY

In the Village Club:

Book Club: "The Light Between Oceans" by M L Stedman Tuesday 14th, 8 pm

Gardening Club: 'GM Crops and the GM Debate' with Jack Salway, Thursday 2nd, 7.45 pm

Quiz Night: Thurs. 23rd, 7.45 nm

In the Village Hall:

Toddler Group: 9.15-10.45 am Wednesdays in term time. Details from Jane White, 643891

77 Lower Road:

Good Book Morning: Monday 27th, 10.30 am

HASLEMERE FOOD BANK

Currently particularly in need of:

- * Tinned stew
- Tinned potatoes
- Small jars coffee
- Tinned rice pudding / custard
- Drinking chocolate
- Tinned spaghetti
- Tinned pasta eg ravioli
- Long grain rice



(preferably small items rather than family packs, and non-perishables only, please, as unfortunately the Food Bank is unable to store fresh foods)

Thank you so much or your ongoing support which is greatly appreciated



SAVE THE DATE FOR THE FRIENDS' NEXT **JAZZ CONCERT**

The FB Pocket Orchestra takes its listeners back to the hot jazz, blues, ragtime and popular dances of the 1920/30's.

We present a cornucopia of instruments and voice: Ollie Corbin - Tuba, Cornet, Accordion, Vocal and Kick Drum.

Jenny Russell - Vocal, Clarinet, Melodica and Washboard.

> Paul Stevenson – Guitar and Banio Look them up on their web site: www.fbpocketorchestra.co.uk

Saturday 1st April 2017 at 8.00pm in All Saints Church.

Tickets £15, or £25 with delicious 2-course supper at the Wheatsheaf

Contact: Pauline Lamb: 01428 643798 or email: lamb@haslemere.com

USEFUL NUMBERS

Village Hall Bookings: grayswoodvh@outlook.com

Grayswood Club 07748 065 821

Grayswood School 642086

Grayswood Nursery School 658931

Wheatsheaf 644440